**Question**

**How can a woman who has menstruation pray the two *Rak‘ahs* (units of prayer) of *Ihraam* (ritual consecration)? Is it permissible for a woman who has menstruation to recite the Quran (by means of touching a printed copy (*Mus’haf*)) quietly?**

**Answer**

**All perfect praise be to Allaah, The Lord of the Worlds. I testify that there is none worthy of worship except Allaah, and that Muhammad is His slave and Messenger.**

**Shaykh Ibn ‘Uthaymeen said: "First, you should know that there is no prayer for the *Ihraam* as nothing was reported that indicates that the Prophet, **, legislated a certain prayer for *Ihraam* whether through his sayings, deeds or approval.**

**Second, the woman who menstruated before assuming the state of *Ihraam* can assume the state of *Ihraam* while menstruating as the Prophet, **, asked Asmaa’ bint ‘Umays, the wife of Abu Bakr both, when she had post-partum bleeding to perform *Ghusl* (ritual bathing), wear a sanitary towel and assume the state of *Ihraam*. This also applies to a woman who is menstruating and stays in the state of *Ihraam* until she attains purity then performs *Tawaaf* (circumambulation) and *Sa‘y* (walking between Mounts Safa and Marwah).**

**As for the remainder of the question, we say that a woman who is menstruating may recite Quran in that manner if there is a need or necessity, but if there is no need or necessity and she wants to recite just for the sake of worshipping Allaah The Almighty and drawing closer to Him, it would be better not to recite it."**

**Allaah Knows best.**